

H4RT - The High-volume Haemodiafiltration vs High-flux Haemodialysis Registry Trial Issue 2 Patient Newsletter 2020

Welcome to the second annual H4RT patient newsletter!

I hope you and your loved ones have stayed well over the last few months. In all the chaos of the Coronavirus pandemic you have quite possibly forgotten that you are in the H4RT trial comparing different haemodialysis treatments. That's the idea – it is a 'real world' NHS trial. Some of you may no longer be on haemodialysis – you may have changed to peritoneal dialysis or had a kidney transplant – but please keep sending back the questionnaires, as we want to know about long term effects.

The search for effective Coronavirus treatments has reminded us that only randomised trials like H4RT give unbiased results that can rapidly change practice. Thank you for your continuing contribution as we try to improve treatments for people with kidney failure.



Dr Fergus Caskey

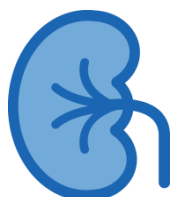
Chief Investigator of H4RT

Consultant Nephrologist North Bristol NHS Trust

H4RT Trial team update

Thank you for taking part in research which has the potential to change practice and quality of lives of dialysis patients in the future.

The impact of COVID – The H4RT study paused recruitment on 3rd April and restarted on 4th August 2020. The study office team have been working from home sending you your patient questionnaires, monitoring safety and keeping in touch with sites remotely. Some research staff at sites were also redeployed to work on the frontline and on COVID research projects.



You're part of a big NHS study – 28 NHS hospitals are taking part and we are pleased to have recruited 1044 (67%) patients of our 1550 target as of mid-September 2020. Thank you!

Karen Alloway (H4RT lead research nurse)



What a strange year it has been!

At the beginning of April, I was re-deployed to work on one of the wards at Southmead Hospital to help with the COVID crisis.

Then in May I started supporting COVID studies including a large vaccine study. Whilst this has been interesting, I have missed seeing dialysis patients and inviting them to participate in H4RT. So I am very much looking forward to getting back to visiting units and recruiting to H4RT, as well as supporting those staff working on the study at your renal unit.

Patient Questionnaires

Thank you to everyone who has filled in follow-up questionnaires during the last year and especially during lockdown. We will carry on sending these to you every 6 months. Please try to complete as much of the questionnaire as you can as each completed question improves the quality of data we will have to report at the end of the study.

If your contact details have changed, please let us know by contacting Nicola Giles (study administrator) on telephone: 0117 3313913 or

Email: h4rt-study@bristol.ac.uk

More information about H4RT is available on our website

<https://www.bristol.ac.uk/population-health-sciences/projects/h4rt-trial>

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